WEDNESDAY, SEPTEMBER 18, 2019
7:00 am – 8:15 am Registration, Continental Breakfast, & Exhibitor Viewing

8:15 am – 8:35 am Opening Remarks.................................................................Exhibit Hall C

8:35 am – 8:45 am Awards Ceremony 1 ...............................................................Exhibit Hall C

8:45 am – 9:45 am Plenary Session 1: Addressing Climate Change in Your Alcohol Policy Environment .................................................................Exhibit Hall C

Mary Segawa, MS, Public Policy Consultant

Eight years ago, Washington State voters approved a liquor privatization initiative, but that was not the final chapter. Incremental changes in alcohol policy in Washington and across the country continue to loosen restrictions and add up to major challenges for public health and safety. Understanding the role of policy and research will help you to make a difference!

9:45 am – 10:00 am Networking Break & Exhibitor Viewing

10:00 am – 10:10 am Awards Ceremony 2 ............................................................Exhibit Hall C

10:10 am – 11:10 am Plenary Session 2: What Works and What Doesn’t in Reducing Recidivism: Some Lessons Learned from Evaluating Correctional Programs .................................................................Exhibit Hall C

Edward Latessa, Ph.D, Director and Professor, University of Cincinnati

This keynote address will provide participants with an understanding of the principles of effective correctional interventions including risk, need, responsivity and fidelity. It will emphasize the value and utility of employing evidence-based and research-driven practices in planning, administering and delivering effective interventions and programs.

11:10 am – 11:30 am Networking Break & Exhibitor Viewing

11:30 am – 12:30 pm Workshop Session I

TREATMENT

1A: Creating a Treatment and Recovery Mindset *e ......................................................... Entrada C
Russell C. Gaede, PsyD ~ Therapist, Author, Speaker

Successful treatment and recovery starts with the correct mindset. Dr. Russ will teach you the 4 main mindsets that either hinder or help treatment and recovery. Mindset affects learning and success. You will learn tools to use that will allow you to achieve the proper mindset for success.

1B: Substance Use Disorders Treatment and Recovery:
Transforming Lives with Evidence-Based Supported Employment *e .......................... Sunbrook A
Sharon Cook, MS, LVRC, CRC, Program Administrator, Utah Division of Substance Abuse and Mental Health
Patrice Dozier, IPS Certified, Employment Specialist, First Step House
In this session, participants will have the opportunity to hear from a clinician and employment specialists, and share their experience of using the evidence-based Supported Employment/Individual Placement and Support (SE/IPS) model. We will explore how integrated substance use disorders and mental health treatment teams are incorporating employment into treatment plans and how employment is taking clients on a journey of recovery.

1C: Suicide and Opioids: What are the Deaths of Despair and How Can We Do Better?*e.....Garden Room
VaRonica Little, LCSW, State Opioid Response Administrator, Utah Division of Substance Abuse and Mental Health
Kimberly Myers, MSW, Administrator for Suicide Prevention, Division of Substance Abuse and Mental Health

In this workshop, we will share information on suicide and opioid use in Utah, share the correlation between suicide and opioid use/overdose deaths, review ways to screen and assess for risks and discuss interventions for these overlapping populations.

1D: Certified Peer Support Specialist (CPSS):
Overview, Certification Requirements & Supervision of CPSSs ........................................ Sunbrook B
Brett Bartruff, MSW, LCSW, QCSW, Director of Substance Use Treatment and Recovery Services, Davis Behavioral Health
Kristi Brown, CPSS, Recovery Support Supervisor, Davis Behavioral Health
Heather K Rydalch, CPSS, CFPS, Recovery and Resiliency Peer Support Program Manager, Utah Division of Substance Abuse and Mental Health

Peer supports are widely popular throughout Utah and have been found to support client engagement. The peer specialist serves in a unique role, which benefits from attentive supervision. During the panel presentation, Heather Rydalch, CPSS will cover the requirements and process to become a Certified Peer Support Specialist in Utah, as well as requisite procedures for ongoing supervision and recertification. Kristi Brown, CPSS and Brett Bartruff, MSW, LCSW, QCSW, will provide details of how they provide clinical/practice and administrative supervision as a team for their peer substance use recovery program. Attendees will learn peer program supervision requirements, unique roles of peer supervisor and supervisee, ethical considerations for peer providers and potential pitfalls/barriers to be aware of during peer supervision.

1E: Knock, Knock...It’s a PR Crisis ................................................................. Ballroom A/B
Heather Barnum, APR, Communications Director, Utah Department of Human Services

Responding to a crisis or incident is no joke. Even more of a challenge when stakeholders, media, clients and the public are at the door wanting answers. Seize the opportunity to thrive, not just survive. Gather tips to be ready for any unplanned inquiry or event---public or not yet public---with communication techniques that avoid costly financial and reputational consequences.

JUSTICE

1F: Reentry from Incarceration – What Works? ................................................. Ballroom E/F
Edward Latessa, Ph., Director and Professor, University of Cincinnati

This workshop will present a strategy for assessing and providing services to individuals leaving prison. Topics include: 1) the importance of assessing risk and needs, 2) why it is important to distinguish between
criminogenic and non-criminogenic needs and the role such factors may play in the successful reentry of ex-prisoners’ into the community, and 3) strategies for prioritizing and delivering more effective services.

1G: Utah’s Juvenile Competency Attainment Program: Using a Strategic Plan to Improve Program Quality and Youth Outcomes *e

Amanda Alkema, LSCW, Program Administrator III, Utah Department of Human Services
Olga Sanchez, Attainment Program Manager, State of Utah
Kristin Swenson, Ph.D., Research Consultant, Utah Department of Human Services

During the past decade, many states have used standards from Dusky v. United States to inform policy and practice related to juvenile competency. The Dusky standards say that a person is competent to stand trial if he or she has a rational and factual understanding of the court proceedings and the ability to consult with counsel with a reasonable degree of rational and factual understanding. In 2012, Utah passed House Bill 393 giving responsibility to the Department of Human Services to deliver juvenile competency evaluation and attainment services. Juvenile competency services provide for evaluations of whether or not youth are competent to stand trial and juvenile attainment services are interventions to support youth in attaining competency to stand trial. In this session, we will present an overview of juvenile competency attainment programs at the national level, describe evolving policies and practices within Utah’s juvenile competency attainment program including our strategic plan for improvement, present information about which youth in Utah become involved with juvenile attainment, and share data to demonstrate the positive effect that our strategic plan is having on program quality and youth outcomes.

PREVENTION

1H: How to Stop the Scroll

Lisa May, Parents Empowered, Danielle Follette from Way To Quit

While we know substance use prevention needs to maximize its presence in social media, how do we capture our intended audience’s attention while competing with so many other distracting interests and messages? This workshop will discuss how local prevention experts can leverage social media’s one-to-one communication and develop content that will stop the scroll, engaging our audience in the prevention discussion.

1I: The 2019 Utah SHARP Survey: New Data Findings

Mary Johnstun, MA, PMP, Director of Survey Services, Bach Harrison LLC

The latest 2019 Student Health and Risk Prevention (SHARP) Survey data have been released! This presentation will take a closer look at 2019 findings, focusing in on current topics of interest such as suicide, mental health, e-cigarettes, marijuana, and more. We’ll be looking at trend data for these subjects, as well as taking a closer look at data relationships between these topics in relation to risk and protective factors, substance use, depression, activity, and more. While this presentation is geared toward current SHARP-data-users, this presentation promises data gems for all conference attendees.

1J: Mindful Prevention

Jennifer Hogge, MFT, Regional Director, Weber Human Services

You’ve heard of mindfulness, but what is it and how does it relate to substance use prevention? There’s growing research showing that mindfulness and meditation can enhance protection and buffer against risks for substance misuse and boost mental health. In this session, you will learn about and experience mindfulness,
find out what risk and protective factors mindfulness addresses and how it is implemented throughout northern Utah. Join me in building Mindful Prevention!

1K: Prevention Ethics: Doing the Right Thing *e .................................................................Entrada A
Jim Ryan, CPC, ICPS, Consultant and Trainer, Ryan Training and Consultation

From confidentiality and consumer relationships to pharmaceutical industry funding and scare tactics, application of ethics for prevention professionals has never been more complex. Prevention professionals must navigate an ever-changing landscape with a fundamental ethical code to ensure both consumer protection and personal accountability. This participatory breakout will utilize real-life examples to increase attendees’ discernment and decision-making skills and build stronger personal and organizational effectiveness in applying prevention ethics.

12:30 pm – 2:00 pm Lunch (Provided) ...........................................................................................................Exhibit Hall C

2:00 pm – 3:00 pm Workshop Session II

TREATMENT

2A: The Grief of Death by Overdose (Open Session)............................................................ Ballroom A/B
Katherine Supiano, Ph.D., LCSW, Associate Professor, University of Utah

Despite the increased awareness of overdose death, those persons grieving the death of a family member or friend to overdose, an estimated 25 people per death, remain an underserved population. Participants in the program will understand the sequel of overdose grief and risks for complicated grief through the framework of ambiguous loss and disenfranchised grief. This program is suitable for all professionals whose work brings them in contact with persons who have lost someone to death by drug overdose.

2B: Attachment, Trauma, and Substance Use: What do we know and what works? *e Garden Room
Misty McIntyre-Goodsell, LCSW, Director of Research, and Development, Odyssey House of Utah

This training will explore the inter-relationship of attachment deficits, trauma, and substance use disorders. This presentation will address the usefulness of screenings, such as ACEs in diagnosis and treatment, and the efficacy of different modalities in treating SUD with a trauma-focused lens.

2C: Medication Assisted Treatment for OUD *e........................................................................ Sunbrook A
Lauren Prest, DO, Addiction, MOAB Regional Hospitals

This workshop will cover the three primary medications recommended for Opioid Use Disorder. Additionally, we will discuss how to best screen patients for medications and why MAT should be considered. Workshop attendees will have the chance to practice approaching various cases of OUD to apply their knowledge.

2D: USARA CRAFT Family Support Program *e .................................................................Entrada A
Michelle Q Chapoose, Licensed Substance Use Disorder Counselor, Tribal Opioid Resource Center Coordinator, Utah State University
Leslie Conklin, BS, CRAFT Family Support Facilitator/Trainer, Utah Support Advocates for Recovery Awareness
Darlene Schultz, BS, CRAFT Family Support Program Director, Utah Support Advocates for Recovery Awareness

When an individual has a substance use disorder, the whole family is impacted. USARA provides a free CRAFT Family Support Group that is designed for family members and friends concerned about someone close to
them who lives with substance misuse. The Community Reinforcement and Family Training (CRAFT) program is an evidence-based, compassionate and effective approach for engaging a reluctant loved one into treatment where families can learn strategies to take care of themselves while increasing motivation for positive change. Families are often excluded collaborators in recovery when they can actually make very positive contributions by empowering their loved ones and influencing change. Families recover together!

2E: EPB’s Maintenance & Review – Implementing Fidelity Reviews *e ................................. Ballroom E/F
Edward Latessa, Ph.D., Director and Professor, University of Cincinnati

The goals of this workshop include 1) reviewing some common misperceptions about program fidelity and quality assurance, 2) reviewing the some of the research on the importance of ensuring that programs are delivered with fidelity, and 3) internal and external processes that can be used to improve the services and interventions provided by the program as well as service providers.

JUSTICE
2F: Breaking Through the Barriers of Reentry ................................................................. Sunbrook B
Stacie Cottrell, MSW, CSW, CPSS, Certified Social Worker, Ascendant Behavioral Health

During this session, we will focus on an exciting and new evidence-based practice that is being used nationwide to support reentry and reduce recidivism in the criminal justice system. Join us as we discuss Forensic Peer Support Services and what it might take to adopt this certification in Utah. Come prepared to join the conversation and share your thoughts and ideas.

2G: Procedural Justice-An introduction focused on clients involved with substance abuse and mental health treatment ............................................................ Ballroom C/D
Anna Cervantes, RSS/ATR Case Manager Supervisor

What affects our ability to be transparent... institutionalized attitudes, voluntary vs involuntary participation, broken trust, difficult diagnosis, troubling history, pride? A brief introduction of procedural justice can help tap into these attitudes and challenge us to use authority on legitimate terms, no matter the obstacles.

Research suggests that “The presence of procedural justice has been found to lead to greater compliance with legal authorities and engaging in law-abiding behaviors (Lind & Tyler, 1988; Tyler, 2006).”

PREVENTION
2H: Infusing Environmental Strategies within the CTC Framework .............................. Entrada B
Dalene Beaulieu, MS, Communities That Care Specialist, University of Washington/SDRG

During this session, participants will become familiar with an evidence-based listing of environmental strategies currently guiding CTC work in Colorado, and how CTC Coalitions there use it as part of CTC action planning and resource assessment. Examples of action plans including environmental strategies from other coalitions (outside of Colorado) will also be presented.

2I: Body Language Training ......................................................................................... Auditorium
Kevin Variable, President, Speaker

Are the words coming from your mouth matching your body language? The things you don’t say speak volumes! And when they don’t align it can create confusion for the recipient. Nonverbal accounts for 93% of your communication. Being a prevention professional and coalition member creates many opportunities to
share ideas and strategies of prevention. In this class, you will learn how to become a more influential communicator using the art of body language. As you align your body and words, you will have more credibility, show competence, confidence and integrity as you present, train and engage in conversations with key leaders and stakeholders. You will also learn how to become more aware of the nonverbal communication of others so you can have a greater impact while creating a safe, inviting environment for those around you.

2J: Where the Rubber Meets the Road: How local policy initiatives influenced Tobacco 21.....Sunbrook C
Linnea Fletcher, MPA, MPH, CHES, Program Manager, Utah Department of Health
Mark Johnson, Mayor, Lehi City
Jenny Rees, Mayor, City of Cedar Hills
Michelle Swapp, CHES, Coalition Coordinator, Utah Valley Drug Prevention Coalition

Over the past decade, public health professionals in Utah have been working towards reducing tobacco use rates utilizing upstream policy initiatives such as Tobacco 21. During this session, the mayors from Lehi City and Cedar Hills will discuss how they became involved in adopting city ordinances to raise the legal age to purchase tobacco products from 19 to 21. The mayors will share the vital role they played in supporting the Tobacco 21 bill at the state level. This session will also provide tips on how individuals can influence local policy and engage local opinion leaders to support policy change in your area.

2K: Using Technology to Engage Parents in Prevention......................................................... Entrada C
Rick Hawks, Ed.D, Psychologist, Upward Reach Foundation

In a world where technology is continually enhancing ways to communicate, come learn about an innovative project currently being tested to reach parents with evidence-based prevention messaging. In 2016, Governor Herbert and the Utah Legislature declared pornography a public health crisis. To answer this call to action, Upward Reach has taken research from the Communities that Care model and Parents Empowered initiative and adapted them to the prevention of underage viewing of pornography. Additionally, the Utah Department of Health is developing a pornography prevention curriculum to help Utah parents arm themselves with information and skills they need to help young people make healthy choices. Participants will discover how underage drinking, opioid misuse prevention, and underage viewing of pornography have shared risk factors and common prevention principles. You will learn how the Health Department's curriculum and Upward Reach projects intersect and how coalitions can share messaging and utilize technology to reach their prevention objectives.

3:00 pm – 3:15 pm Networking Break & Exhibitor Viewing
3:15 pm – 4:15 pm Workshop Session III

TREATMENT
3A: Suicide Prevention Training (CALM) *e.................................................................Garden Room
Kimberly Myers, MSW, Administrator for Suicide Prevention, Division of Substance Abuse and Mental Health

Conversations about suicide can be uncomfortable. When the stakes are high, effectively engaging with a patient to encourage safety can be difficult. Counseling on Access to Lethal Means (CALM) will teach how to ask a suicidal client or patient about their access to lethal means, while working with the patient and families to reduce their access. CALM provides education on how to effectively communicate about means reduction in a supportive and engaging method. CALM gives the provider concrete tools and sample language to support this process and follow up care.

3B: DOPL Panel Discussion: Assisting and Informing Providers ........................................... Sunbrook B
This panel discussion will focus on the Controlled Substance Database, the Utah Recovery and Assistance Program, and Investigating Mental and Behavioral Health licensing Issues. Background information will be provided, along with information to assist providers in better understanding the programs and how the programs can benefit providers.

**3C: Addiction Recovery Coaching in Healthcare and Emergency Settings** .......................... Ballroom C/D
Ben Baker, BS, Utah Post Certified Special Function Officer, Investigator, DOPL
Tracy Naff, Compliance Supervisor, Division of Occupational and Professional Licensing
Melanie Wallentine, Controlled Substance Database Program Manager, Department of Commerce

Amy Daeschel, CPSS, Peer Recovery Coach, Utah Support Advocates for Recovery and Awareness
Andrew Fields, CPSS, Peer Recovery Coach, Utah Support Advocates for Recovery and Awareness

USARA’s ARCHES Model was created to bridge the gap between healthcare settings and recovery from Substance Use Disorder. Through evidence-based practices and an authentic connection with a Peer Recovery Coach, individuals can connect to resources to begin building their own pathway to living a happier, more fulfilled life.

**3D: The Tribal and Rural Opioid Initiative** ................................................................. Sunbrook C
Michelle Q Chapoose, Licensed Substance Use Disorder Counselor, Tribal Opioid Resource Center Coordinator, Utah State University
Suzanne Prevedel, M.Ed. Assistant Professor, Family & Consumer Sciences, USU Extension
Sandra Sulzer, Assistant Professor, Director of the Office of Health Equity and Community Engagement, Utah State University

This workshop will discuss the gaps and strengths our team found in resources for tribal communities in Utah. We will also share our successes and challenges in creating and sustaining a multi-disciplinary team to address tribal programming and outreach.

**3E: Homelessness: The Art of Engagement and Delivery of Service** .......................... Entrada A
Ed Snoody
Jessica Jeffs, CMHC, Clinical Therapist, First Step House

This workshop will discuss homelessness and the different engagement services in Salt Lake County. This will include a look at the importance of outreach efforts in a variety of settings, and the continuum of care to address the multifaceted causes of homelessness. Speakers will discuss case studies, personal experiences working with the homeless population, and current developments with the resource centers in Salt Lake County and the closing of the downtown shelter.

**JUSTICE**

**3F: Drug Addiction: YES! Hell does exist** .............................................................Entrada B
Travis Hunter, MS, Advanced Practice Registered Nurse, WASATCH Mental Health
Emily Rowley, BS, Business Owner, Mortgage Lender, Utah Based Mortgage Company

My co-presenter and I will show that the pathway to hell can be easily found and traveled on, no matter one’s cultural upbringing. We hope to provide information to help broaden attendee’s understanding of addiction on a deeper level from the perspective of an addict. We will be sharing clinical and personal experience to help attendees gain a deeper understanding of what keeps the addict in hell, and what it’s actually like being there.
We hope to create a conversation about adjusting communication and improving the connection to help lift the addicted individual out of hell, and onto the path leading towards recovery.

3G: Re-entry processes and procedures: understanding the Criminal Justice system..... Sunbrook A
Eric Barker
Katie Bennett
Desmond Lomax, CMHC, Director of Community Programming, APP/Community Programming Unit
Brendan Nissan

We are having a panel discussing the emphasis of re-entry in the Prison system. We will discuss innovative projects that are currently being implemented. We would like to have a discussion regarding the gaps in this process that can be improved with the support of the community.

PREVENTION
3H: Lock Them Up, Don’t Lock Them Out ................................................................. Ballroom E/F
Robin Hatch, CPS, Prevention Coordinator, Northeastern Counseling Center
Teresa Willie, BS, CPS, QPR, Licensed Prevention Specialist, Southwest Behavioral Health Center

Learn why using both an evidence-based coalition model and implementing upstream prevention strategies are effective in addressing shared risk and protective factors for substance abuse/misuse and suicide. Learn how several communities have engaged unique community partners to amplify their coalition’s use of time and resources to maximize the reach of prevention efforts.

3I: When Public and Private Work Together, Good Things Can Happen ................... Entrada C
Jed Burton
Susannah Burt, Prevention Program Administrator, Utah Division of Substance Abuse and Mental Health
Lisa Nichols, Assistant Vice President Community Health, Intermountain Healthcare, Utah State Board of Education

Come hear how work of the Opioid Community Collaborative has helped private and public sectors work together to create synergistic efforts in prevention initiatives. Participants will leave this session with a better idea of how data can steer collaboration, and how to overcome potential barriers when working across agencies and sectors.

3J: What to Say and How to Say it:
Using Science to Create the Right Message for Positive Behavior Change ...................... Auditorium
Angela Redding, Innovation Director, Boncom
Stephen Wright, MPC, Vice President, Boncom

To create a positive change in behavior for both substance abuse and public safety requires key insights and a real understanding of what motivates your audience and helps them adopt change. In this workshop, participants will learn how neuromarketing and behavior change theory can help create proven and effective media messages for a range of substance abuse and safety issues. Cutting edge innovations and behavior change best practices will be shared in this workshop exploring new avenues for long-term change.

3K: Postvention Plan for Communities ................................................................. Ballroom A/B
Cathy Davis, MA, Suicide Prevention Education Specialist, Utah State Board of Education
Amy Mikkelson, MPH, Suicide Prevention Specialist, Utah Department of Health
Allison Whitworth
When someone dies by suicide, their family, loved ones, and communities are often forever changed. There is growing evidence that schools, workplaces, places of worship, and communities are also shaken by suicides. The State of Utah is in the process of developing a postvention plan for communities to utilize after a suicide death occurs. In this breakout, we will discuss how good postvention is prevention, strategies to reduce risk factors and how to promote healing in communities.

4:15 pm – 4:30 pm Networking Break & Exhibitor Viewing

4:30 pm Enjoy St. George!

THURSDAY, SEPTEMBER 19, 2019
7:00 am – 8:15 am Registration, Continental Breakfast & Exhibitor Viewing

8:15 am – 8:30 am House Keeping ....................................................................................................Exhibit Hall C

8:30 am – 8:40 am Awards Ceremony 3 ................................................................................................Exhibit Hall C

8:40 am – 9:40 am Plenary Session 3: Our processes are perfectly designed for _______. Exhibit Hall C
Scott Boyles, LAC, National Training Director, Train for Change

The session will touch on the opportunities, challenges and at times the irony of trying to engage the people we serve in individualized care while at the same time working to meet the expectations of a system driven by clinical documentation, regulation and funding requirements

9:40 am – 9:55 am Networking Break & Exhibitor Viewing

9:55 am – 10:05 am Awards Ceremony 4 ................................................................................................Exhibit Hall C

10:05 am – 11:05 am Plenary Session 4: Cannabis: A Breakthrough Cure or Cause for Concern ........................................................................................................Exhibit Hall C
Ziva Cooper, Ph.D., Research Director, Associate Professor, UCLA Cannabis Research Initiative

With sweeping changes related to cannabis legalization both for medical and personal use occurring across the United States, understanding the impact of cannabis on health outcomes is a significant issue. This presentation will describe 1) current trends related to cannabis use, 2) state of the evidence regarding negative impacts of its use, and 3) data supporting the therapeutic utility of cannabis and cannabinoids. Attention will be given to understanding the potential for cannabis to help alleviate the opioid epidemic

11:05 am – 11:30 am Networking Break & Exhibitor Viewing

11:30 am – 12:30 pm Workshop Session IV

TREATMENT
4A: The Grief of Death by Overdose Part 1 *e.......................................................... Sunbrook A
Katherine Supiano, Ph.D., LCSW, Associate Professor, University of Utah

This is 1 of 3 concurrent sessions that are for clinically licensed individuals that have pre-registered.
Despite the increased awareness of overdose death, those persons grieving the death of a family member or friend to overdose, an estimated 25 people per death, remain an underserved population. Participants in the program will understand the sequela of overdose grief and risks for complicated grief through the framework of ambiguous loss and disenfranchised grief. This program is suitable for all professionals whose work brings them in contact with persons who have lost someone to death by drug overdose.

4B: Motivational Interviewing-An overview Part 1

Scott Boyles, LAC, National Training Director, Train for Change

The 3-session workshop will provide participants with an overview of the spirit, processes and skills of Motivational Interviewing.

4C: Opioid Data Dashboards to Inform Local Action

Megan Broekemeier
Jeff Eason, MPH, REHS, Assistant Manager, Utah Department of Health
Randon Gruninger, MPH, Analytic Epidemiologist

Utilizing infectious disease principles applied to overdose data, the Utah Department of Health has developed opioid overdose surveillance tools, which focus on the complex and changing nature of the epidemic in Utah. By obtaining high quality, comprehensive, and timely overdose morbidity and mortality data, users are more equipped to inform prevention and response efforts.

4D: Tobacco and Behavioral Health: The Cause, Data, Outcomes and Emerging Trends

Taslim Van Hattum, LCSW, MPH, Director of Practice Improvement, The National Council Behavioral Health

This workshop will discuss the intersection around smoking and behavioral health, including general data and research and why this is a critical health equity issues that is affecting clients and greater community health outcomes. The workshop will also highlight emerging themes including ENDS (ecigs, vaping, juling), smoking and recovery outcomes data, and an overview of co-treatment of opioids, marijuana and nicotine to maximize overall behavioral health outcomes for clients.

4E: LET’S TALK ABOUT SEX

Jorge Barraza

Why overcoming our discomfort about sex matters. In this session, we will discuss how the ways in which we do and don’t talk about sex affects us as individuals, organizations, and a society. Topics to be covered will be the taboo of sex, consent and boundaries, recognizing our biases and attitudes, and how discussing sex in a positive way can improve our lives, the lives of those we work with, and society.

4F: True or False: The Science of Clinical Interview in Pursuit of Truth

Jared Rockwood, LCSW, President, Intermountain Polygraph

One of the constant requirements of working with at-risk populations is the necessity of making credibility assessments. There are times that major life decisions regarding someone's future will be made based on the interaction between oneself and the client. Unfortunately, there are a lot of myths that surround the concept of deception detection. The goal of this presentation is to provide a summary of the research in this area, to de-myth information about body kinesics, and provide an evidence-based approach to interviewing for
credibility. This will be a summary of things I wish I had known when I was practicing as a clinical therapist, so that you can engage the process of deception detection in a more informed manner.

4G: I Love Me...I Love Me Not Part II .....................................................................................Auditorium
Greg Hendrix, LCSW, Programming Deputy Warden, Utah State Prison

Learn how to teach your clients and yourself to accept yourself unconditionally and without conditions. Often we receive validation from approval, acceptance or our accomplishments. This workshop will address the dangers of this practice.

PREVENTION

4H: The Spirit of Motivational Interviewing ................................................................. Ballroom A/B
Craig Anderson, LCSW, PS, Presenter, CRAIGANDERSONMINT LLC

At the foundation of any effective Motivational Interviewing application, you will find a professional who has adopted the “Spirit of Motivational Interviewing” as their guiding light. MI research has shown time and time again the importance of developing a therapeutic relationship to foster change in others. This workshop will define the Spirit of MI and how it relates to substance abuse prevention, treatment and building community partnerships. Participants will gain awareness of how they can better use MI principles to communicate, connect and partner with key stakeholders in their communities. This workshop will also help professionals learn how to build effective, pro-social relationships with those receiving substance abuse prevention services.

4I: Cultural Competence for LGBTQ in Prevention *e .................................................. Entrada C
Amy Mikkelson, MPH, Suicide Prevention Specialist, Utah Department of Health
Michael Staley, Ph.D., Suicide Prevention Research Coordinator, Utah Office of the Medical Examiner

Bringing a sense of cultural humility and sensitivity is important in addressing each sector and population. Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex, and Asexual (LGBTQIA+) people have higher levels of negative health outcomes including increased risk for suicide and substance use disorders. In this beginner session, you will receive basic LGBTQIA+ cultural sensitivity training, learn more about the unique health challenges these communities face, find out how Utah is leading the nation for gathering important LGBTQIA+ health data, and gain important insight for engaging these groups in your prevention work. Participants will come away with a stronger sense of how to recognize risk factors and what to do to best offer help, hope, and increase protective factors among this population.

4J: Everything You Need to Know about ACEs (Adverse Childhood Experiences): Bringing Trauma-Informed Practice to Substance Abuse Prevention *e ................................................. Ballroom C/D
Sunny Shin, Associate Professor, Virginia Common Wealth University

ACEs are common risk factors for substance use and abuse. This workshop will highlight the social contexts of ACEs and the complex nature of the associations between ACEs and substance use. The focus of this session is to learn about evidence-based and trauma-informed preventive approaches by examining the effects of ACEs on substance abuse.

4K: DEA 360 Utah: What is the program and how has it been effective towards actively addressing the current opioid crisis? .................................................................Garden Room
Brian Besser, District Agent in Charge, U.S. Drug Enforcement Administration
Ciara Gregovich, Community Outreach Coordinator, U.S. Drug Enforcement Administration
The Drug Enforcement Administration (DEA) is often viewed as a law enforcement agency singularly focused on the investigation and apprehension of drug trafficking offenders. Even though DEA’s primary mission is to protect our communities, the agency seeks to work in a holistic manner to also educate and empower those struggling with substance abuse addiction. In order for any community to successfully address the current drug epidemic, there has to be a cooperative effort to work together to change public perception, attitudes and behavior. The DEA is a dynamic organization seeking to forge partnerships within our communities that create and encourage innovative solutions to help curb the problems of drug abuse. Come learn about the DEA 360 Utah strategy, which serves as a preventive demand-reduction program that bridges the gap between law enforcement and the treatment and prevention communities. DEA 360 serves as an advocate for connected communities, resource promotion, policy influence, stigma reduction and media awareness campaigns with the overarching goal to restore individuals afflicted by addiction to wholeness.

12:30 pm – 2:00 pm Lunch (Provided) ........................................................................................................Exhibit Hall C

2:00 pm – 3:00 pm Workshop Session V

**TREATMENT**

**5A: The Grief of Death by Overdose Part 2 **

*Katherine Supiano, Ph.D., LCSW, Associate Professor, University of Utah*

This is 2 of 3 concurrent sessions that are for clinically licensed individuals that have pre-registered. Despite the increased awareness of overdose death, those persons grieving the death of a family member or friend to overdose, an estimated 25 people per death, remain an underserved population. Participants in the program will understand the sequela of overdose grief and risks for complicated grief through the framework of ambiguous loss and disenfranchised grief. This program is suitable for all professionals whose work brings them in contact with persons who have lost someone to death by drug overdose.

**5B: Motivational Interviewing – An overview Part 2**

*Scott Boyles, LAC, National Training Director, Train For Change*

The 3-session workshop will provide participants with an overview of the Spirit, Processes and Skills of Motivational Interviewing.

**5C: The “How To’s” around Addressing Tobacco In Behavioral Health Settings**

*Taslim Van Hattum, LCSW, MPH, Director of Practice Improvement, The National Council Behavioral Health*

This workshop will provide a “how to” around the most critical ways to address tobacco in behavioral health settings from becoming a tobacco-free facility and sustaining it, provider education, client engagement and incentivization, compliance, increasing the use of NRTs and other pharmacological supports, groups, and building co-treatment models, initiating cancer screening and treatment mechanism and more.

**5D: Naloxone Training**

*Jennifer Plumb, MD, MPH, Associate Professor of Pediatrics, Medical Director, Utah Naloxone, Jacob Zimmerli, MBA, Programs Manager, Utah Naloxone*

Poisoning/overdose is the leading cause of injury death in the state of Utah with some of our counties showing some of the highest rates in the nation. Overall, Utah has been as high as 4th in the U.S. for overdose deaths as recently as 2014. Opioid overdose is reversible through the timely administration of the drug naloxone (Narcan®) and the provision of emergency care. With efforts to improve naloxone access, change prescribing
patterns, and increase community awareness, Utah has been able to show improvement and has dropped to 21st in the nation (2016). Most recently, Utah was one of only a handful of states to show a decrease in overdose deaths in 2017 (CDC, 2018). However, the overdose death rate remains greater than 21/100,000 residents of Utah, and we continue to lose at least one UtahSn every single day.

5E: University of Utah Buprenorphine Bridge Program for Opioid Use Disorder *e .......... Entrada B
Peter Taillac, MD, Clinical Professor of Emergency Medicine, University of Utah School of Medicine

I will discuss the recently-initiated Buprenorphine Bridge Program, designed to immediately begin patients with Opioid Use Disorder on medication to alleviate withdrawal symptoms, combined with peer support and outpatient counseling and treatment, all paid for by a grant from the Department of Human Services, Division of Substance Abuse and Mental Health.

JUSTICE
5F: RNR Screening is for Everyone Seeking Substance Abuse Treatment *e......................... Entrada C
Angela Hendrix, BS, ASUDC, CPM, Adult Probation & Parole Supervisor, Utah Department of Corrections

Criminogenic needs are the why and how did I get myself before the Judge/in jail/in this legal mess. As treatment providers and corrections work together to assess those needs, intervene to their risk level and tailor the treatment approach to their responsivity, we can have the greatest positive impact. Assisting the client in tackling these obstacles through treatment planning, prioritizing needs and appropriate learning practices, we can measure progress and make adjustments to be effective.

5G: Social Learning Model (Healing Trauma and Healing Yourself) *e............................. Sunbrook C
Desmond Lomax, CMHC, Director of Community Programming, APPI/Community Programming Unit

The presentation will focus on the strengths of the social learning model as it relates to evidence-based practices in the field of court-mandated clients. The presenter will discuss the practical application of this model, which will aid in the support of staff and client wellness.

PREVENTION
5H: Medical Marijuana: What You Need To Know *e.......................................................... Ballroom E/F
Kendra Babitz
Steve Ipsen
Andrew Rigby

Confused about medical marijuana? With new policies and procedures encompassed by the Utah Medical Cannabis Act, come learn what you need to know about production, prescription, and dispensing policies. Participants will also learn about built-in safeguards to prevent recreational use and what the latest research tells us related to health outcomes of medical marijuana. Come consider how prevention coalitions can get involved in cannabis policy to help protect the healthy development of youth.

5I: Bringing Alcohol Out of the Shadows ................................................................. Ballroom C/D
Casandra Greisen, MPA, Manager of Public Policy, National Alcohol Beverage Control Association

While other substances often get the primary share of the media’s attention, excessive alcohol consumption across the lifespan remains a consistent public health issue. Come learn the latest science on effective public health strategies to address local conditions that influence the alcohol environment and how communities are
using these strategies to promote healthy and safe communities. Participants will also learn how opioids and alcohol are related and how addressing shared risk factors can produce positive outcomes for both.

**5J: The rise of e-cigarettes: what are they, who’s using them and what we can do to protect our kids**

* Ballroom A/B

*Brian King, Ph.D, MPH, Deputy Director for Research Translation, Center for Disease Control*

This session will provide an overview of e-cigarette use among young people in the United States, including the types and characteristics of these products, the patterns and risks of use among youth, and the risk of e-cigarette use among young people, including addiction and harm to the developing adolescent brain. The session will also outline strategies to reduce the use of these products among young people at the national, state, and local levels. Specifically, the session will include an overview of content from the 2016 U.S. Surgeon General's Report on e-cigarette use among youth and young adults, as well as the 2018 U.S. Surgeon General's Advisory on e-cigarette use among youth.

**5K: Addressing Risk and Protective Factors with AIR’s Good Behavior Game**

*Entrada A

*Jenny Scala, Principal Researcher, American Institutes for Research*

The American Institutes for Research's GBG is a prosocial skills development and classroom management strategy with powerful outcomes in the public health space. Almost 40 years of research on GBG have shown that students who play GBG for one year are less likely to abuse drugs and alcohol, less likely to be incarcerated, and less likely to commit or consider committing suicide when compared to their peers who do not play the game. The outcomes are particularly pronounced for male students who enter first grade already showing signs of aggressive and disruptive behavior. In this session, the presenter will 1) provide an overview of what AIR GBG is, and how students play the game, 2) review research on GBG and the theory behind the program that grounds its effectiveness as an intervention, and 3) discuss implementation lessons learned in their AIR GBG projects.

3:00 pm – 3:15 pm Networking Break & Exhibitor Viewing

3:15 pm – 4:15 pm Workshop Session VI

**TREATMENT**

**6A: Strategies for Supporting Children and Families in Crisis and Care Transitions**

*Garden Room

*Nicole Cunha, LCSW, Northern Stabilization and Mobile Response Program Director, Davis Behavioral Health

*Kimberly Myers, MSW, Administrator for Suicide Prevention, Division of Substance Abuse and Mental Health*

Exploring the unique issues specific to children and youth and their families who present in crisis, this workshop aims to prepare care providers to provide critical and comprehensive interventions to children and youth undergoing acute psychiatric and behavioral emergencies. Intervention offered in a community setting, as provided by persons with adequate training, can ameliorate crisis scenarios resulting in diffusion of crisis and provision of stabilization and improved outcomes for children, youth and their caregivers. Building a systemically informed crisis care continuum for children, youth and families can greatly reduce risk while deterring emergency department visits, police contact, community disruption and out-of-home placements in circumstances where it is safe to do so.

**6B: Motivational Interviewing-An Overview Part 3**

*Sunbrook B

*Scott Boyles, LAC, National Training Director, Train For Change*
The 3-session workshop will provide participants with an overview of the Spirit, Processes and Skills of Motivational Interviewing.

6C: The Grief of Death by Overdose Part 3 e Sunbrook A
Katherine Supiano, Ph.D., LCSW, Associate Professor, University of Utah

This is 3 of 3 concurrent sessions that are for clinically licensed individuals that have pre-registered. Despite the increased awareness of overdose death, those persons grieving the death of a family member or friend to overdose, an estimated 25 people per death, remain an underserved population. Participants in the program will understand the sequel of overdose grief and risks for complicated grief through the framework of ambiguous loss and disenfranchised grief. This program is suitable for all professionals whose work brings them in contact with persons who have lost someone to death by drug overdose.

6D: HIV and HCV testing and State Initiatives e Sunbrook C
Jeff Eason, MPH, REHS, Assistant Manager, Utah Department of Health

Human Immunodeficiency Virus (HIV) and Hepatitis C Virus (HCV) disproportionately affect injection drug users. The impact is magnified by the opioid crisis and highlights the need for governmental public health action. Utah public health has established several projects aimed at HCV and HIV interventions. Attendees will gain an understanding of these initiatives.

6E: Naloxone Training e Auditorium
Jennifer Plumb, MD, MPH, Associate Professor of Pediatrics, Medical Director, Utah Naloxone
Jacob Zimmerli, MBA, Programs Manager, Utah Naloxone

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JUSTICE
Entrada C
Dana Fleetman, BCOR Project Director, Chapter Coordinator, Young People in Recovery
Justin Hughes, MSW, CPSS, Utah Captain, Young People In Recovery

This session endeavors to accomplish the following: 1)Defining recovery messaging 2)Identifying how recovery messaging can benefit interactions with the public for those in law enforcement 3)Exploring how recovery messaging can be utilized by law enforcement

6G: Utah Medicaid Expansion
Entrada B
Courtney Bullard. Education and Collaborations Director, Utah Health Policy Project
Stacy Stanford, BA, Health Policy Analyst, Utah Health Policy Project
In this workshop, we will discuss the current state-of-play of Utah’s Medicaid expansion. We will provide an update on the waiver process, and how enrollment is progressing. We will also specifically address the Targeted Adult Medicaid (TAM) program, how it works, and the type of successes we have seen.

**PREVENTION**

**6H: Medical Marijuana: What You Need To Know** ......................................................... Ballroom E/F

*Kendra Babitz  
Steve Ipsen  
Andrew Rigby*

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of what AIR GBG is, and how students play the game, 2) review research on GBG and the theory behind the program that grounds its effectiveness as an intervention, and 3) discuss implementation lessons learned in other AIR GBG projects.

4:15 pm Enjoy St. George!

FRIDAY, SEPTEMBER 20, 2019
7:15 am – 8:15 am Continental Breakfast & Exhibitor Viewing

8:15 am – 10:15 am Concurrent TX and PX Forums

Tx Forum *e ................................................................................................................................. Tx Forum: Exhibit Hall C
Dana Fleetman, BCOR Project Director & Chapter Coordinator, Young People in Recovery

In this session, we will look at stigma, recovery messaging, and take a look at the impact on those with SUD and individuals who utilize MAT as a recovery pathway.

Part 2: Mindful Self Compassion *e
Cynthia Phelps, Ph.D. Founder, InnerAlly

Do you go to the gym to prevent chronic disease? Brush your teeth to prevent cavities? What if there was something you could do to prevent addiction? Over the past 20 years, positive psychology and positive neuroscience have studied how people mentally thrive. One of the powerful constructs to emerge is Self-Compassion, the ability to treat yourself with kindness and support. Dr. Phelps will take you on a journey to explore what Self-Compassion is, how it can be used to address shame and stigma, and how the research supports it being a potentially effective adjunct to treatment, and perhaps a key to prevention.

Px Forum............................................................................................................................... Px Forum: Ballroom A/B/C/D

The Prevention Show – Starring Rob Timmerman
Featuring The Pine View Middle School Jazz Band
With Special Guests
Malyce Warner
Kevin Vrable
Pamella Bello & Dusty Frisby
Craig Zettle
And a Special Presentation by Brad Barton

10:15 am – 10:30 am Networking Break & Exhibitor Viewing

10:30 am – 12:00 pm Plenary Session 5: Have Recovery, Will Travel........................................ Exhibit Hall C
Ricky Byrd, Recovery Troubadour

Rock’n’Roll Hall Of Fame Member Ricky Byrd has been blessed to achieve recognition and fame for his musical achievements. Ricky is fond of saying that one of the greatest gifts he’s been given happened when he started his journey to recovery. He’s been clean and sober since 1987, doing whatever he can to help others recover. It’s his passion and what he’s most proud of. “I’ve been blessed to find and maintain my recovery and because of that gift, I feel responsible to pay it forward.
Ricky will perform his recovery music, intertwining powerful recovery messages to help the audience know that treatment works and people get better. As his card says, “Have Recovery Will Travel.”

12:00 pm Conference Adjourns

Evaluation and certificates will be sent digitally to all participants